

# Locating Community Recreational Opportunities in Wake County

## 5 Key Takeaways from this session:

#1

Recreational opportunities are prevalent throughout the county and neighboring counties.

#2

There are opportunities to meet the needs of a variety of interests.

- 1) Sports leagues
- 2) Individual Sports leagues
- 3) Dance
- 4) Theater
- 5) Singing
- 6) Crafts/Classes
- 7) Surf Lessons
- 8) Swimming
- 9) Horseback Riding

#3

These activities will require your time, effort, and possibly money. This is the same for the traditional programs offered in the community.

#4

The ARC website is a great resource for finding opportunities.

[http://www.arctrangle.org/triangle\\_leisure\\_recreation](http://www.arctrangle.org/triangle_leisure_recreation)

#5

These programs are also opportunities for families to network with other families for support and gaining of new opportunities through sharing of information.

